



Confirmed 4/2022

~ All Natural - Grilled Marinated Vegetables ~  
Fire Grilled Artichoke Hearts  
Item: 146E

UPC No.: 0-82876-00146-6  
Unit Weight: 10oz  
Case Weight: 13.55lbs  
Units Per Case: 12  
Shelf Life: 24 months  
Case Dimensions: 12.87" x 9.69" x 3.78"  
Jar Dimensions: 3.04" x 3.04" x 3.5"  
Cases Per Pallet: 150  
Ti/Hi: 15 x 10

**Ingredients:** Artichokes, Sunflower Oil, Distilled Vinegar, Salt, Citric Acid, Spices, Dehydrated Garlic and Ascorbic Acid.

**Allergens:** Not Applicable

**Nutritional Information**

**\*Gluten Free\***

Serving Size: 3 pieces. (30g)  
Servings per Jar: 6  
Calories: 50  
Fat: 4g  
Cholesterol: 0  
Sodium: 210 mg  
Carbohydrates: 3g  
Fiber: 1g  
Sugar: <1g  
Protein: <1  
Calcium: 0%  
Iron: 2%  
Vitamin D: 0%  
Potassium: 2%

**Country of Origin:** Peru

**Recommendations:** Refrigerate after opening & use within a few days of opening.

**Description:** Fire grilled & marinated artichoke halves.

**Suggested Uses:** Add to hot or cold pasta dishes, mix into a salad, omelet or use in stuffed chicken with feta cheese & fresh herbs.

**Easy appetizer platter:** Include with sundried tomatoes, Kalamata olives, cheeses & cracker.